

WELLNESS HAPPENS HERE

706 Mill St. Loyalton, CA 96118: 530-993-6728

22 Maiden Ln. Downville, CA 95936: 530-289-3711

Wellness is physical, emotional, social, occupational, intellectual, financial, environmental and spiritual!

SERVICES, GROUPS, CLASSES

- Peer Support (Youth and Adult)
- Veteran Service Support
- Wellness Recovery Action Plans (WRAP)
- Supportive Conversation
- Meaningful Activities (i.e. Art)
- Harm reduction & syringe exchange

Groups and activities are added with interest

The wellness center provides whole person health support through classes, peers, life skills, community, art and other activities!



TABLE OF CONTENTS

Adult Education.....	34	Highway Patrol	33
Alcohol / Drug / Mental Health Services.....	5	HIV Services.....	24
Alphabetical Index.....	47	Hospice	27
Animal Control (with Sheriff).....	32	Housing / Section 8.....	24
Animal Rescue.....	40	In Home Supportive Services	35
Ambulance.....	25	Libraries.....	33
American Red Cross	16, 33	Liquid Waste Haulers	38
Businesses and Clubs.....	20, 21	Media	25
CalFresh Healthy Living.....	18	Medical Care/Power Resources	12, 13
Children Services & Support	6	Meeting Places.....	28
Children With Special Needs.....	7	Notary Services.....	29
Churches	8	Other Educational Opportunities	34
Clothing	9	Oxygen Vendors	39
Communications	10	Post Offices.....	29
Commodity Centers	17	Public Parks	30
Community Pantries.....	11	Public Payphones.....	31
Crisis Line.....	5, 22	Sanitation	37
CPR / Work Place First Aid Training.....	34	Senior Services	31
Dentists	13	Sierra County Government	32
Disabled Services.....	11	Sierra County Public Schools	34
Disaster Healthcare Volunteers	39	Sierra County Tobacco Reduction Program	49
Disaster Plans.....	41	Skilled Nursing / Assisted Living Facilities	27
Domestic Violence.....	22	Tobacco Use Reduction Program	47
Emergency Notification System.....	Back Cover	Transportation.....	36
Family Activities.....	14,15	U.S. Forest Service	38
Family Day Care Homes.....	7, 8	Utilities.....	36
Fire Councils, Auxiliaries, Assoc. Districts.....	16	Veterinarians.....	39
Firewise Community Contacts	22	Well Drillers	38
Fish & Wildlife.....	33	Wellness Businesses	15
Food	18, 19	Wellness Center	Inside Cover, 35
HAM Radio Operators.....	23	Wi-Fi Hot Spots	10
Health Care Coalitions.....	23	Women, Infants & Children (WIC)	5
Health Insurance / Programs.....	24		
Helicopter Medical Transport Membership.....	23		

WHAT IS THIS BOOK ABOUT?

The Sierra County Resource Guide is a tool for accessing resources within the county with emphasis on health and medical needs and emergency preparedness.

This guide is not intended to act as an advertising tool or tourist guide. Endorsement or promotion of any particular entity or service is unintentional. For tourism related information contact:

- [Sierra County Chamber of Commerce](#)
- [Eastern Sierra Valley Chamber of Commerce](#)
- [Sierra County Visitors Bureau](#)

TABLA DE CONTENIDOS

<p>Actividades familiares..... 13,14</p> <p>Alcohol / Drogas / Servicios de Salud Mental ... 4</p> <p>Alimentos 17,18</p> <p>Ambulancias.....24</p> <p>Atención médica..... 11,12</p> <p>Bibliotecas.....32</p> <p>CalFresh Vida Saludable.....18</p> <p>Centro de Bienestar34</p> <p>Centros de distribución de alimentos gratuitos .17</p> <p>Centros y hogares de cuidado infantil.....6,7</p> <p>Coaliciones de atención médica.....23</p> <p>Comunicaciones/Internet.....9</p> <p>Control de animales.....31</p> <p>Cruz Roja Americana.....16,33</p> <p>Cuidado personal..... 14</p> <p>Dentistas12</p> <p>Departamento Pesca y caza.....33</p> <p>Educación de adultos.....34</p> <p>Enfermería especializada / Residencias con atención personalizada26</p> <p>Escuelas públicas en el Condado de Sierra33</p> <p>Gobierno del Condado de Sierra31</p> <p>Guía de preparación para emergencias.....48</p> <p>Hospicio26</p> <p>Índice alfabético46</p> <p>Iglesias.....7</p> <p>Linea de crisis..... 4,21</p> <p>Lugares de reunión27</p> <p>Medios de comunicación.....24</p> <p>Mujeres, infantes y niños (WIC).....5</p> <p>Negocios y clubs19</p> <p>Niños con necesidades especiales6</p> <p>Oficinas de correos.....28</p>	<p>Operadores de radio Amateur.....22</p> <p>Otras oportunidades educativas33</p> <p>Parques públicos29</p> <p>Personas discapacitadas.....10</p> <p>Planes para Desastres.....41</p> <p>Policia Estatal32</p> <p>Programas de cuidado infantil5</p> <p>Programa de Reducción de Tabaco en el Condado de Sierra.....50</p> <p>Protección contra incendios.....15</p> <p>Proveedores de oxígeno.....23</p> <p>Rescate de animals.....39</p> <p>Resucitación cardiopulmonar (RCP).....33</p> <p>Ropa.....8</p> <p>Seguro de salud.....23</p> <p>Servicios de apoyo a domicilio.....35</p> <p>Servicios de perforación pozos.....37</p> <p>Servicios de SIDA23</p> <p>Servicios Domiciliarios35</p> <p>Servicio Forestal37</p> <p>Servicios notoriales.....28</p> <p>Servicios para personas de la tercera edad30</p> <p>Sistema de notificación de emergencia:Back Cover</p> <p>Teléfonos públicos.....30</p> <p>Transporte.....35</p> <p>Transporte Aéreo Médico.....22</p> <p>Utilidades.....36</p> <p>Veterinarios38</p> <p>Violencia doméstica21</p> <p>Vivienda / Section 82</p> <p>Voluntarios de atención médica en casos de dsastre.....39</p>
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THIS IS A LIVING, EVER CHANGING DOCUMENT

Do you see a need for changes or updates? Please call or email corrections and/or additions to resourceguide@sierracounty.ca.gov

A current version of this document can be downloaded from:
www.sierracounty.ca.gov/RG

ALCOHOL / DRUG / BEHAVIORAL HEALTH SERVICES

Alcoholics / Narcotics Anonymous

www.aa.org or www.na.org

1-800-662-HELP (4357)

1-800-BE-SOBER (237-6237)

Drug and Alcohol Department has meeting locations list.

Sierra County Drug and Alcohol Department

P.O. Box 265

704 Mill St.

Loyalton, CA 96118

General number: 530-993-6746

22 Maiden Lane

Downieville: 530-289-3711

Email: drug-alcohol@sierracounty.ca.gov

Services Include:

D/A Counseling, Inpatient/Outpatient Treatment, and Crisis Intervention Programs

Sierra County Behavioral Health Department

P.O. Box 265

704 Mill Street

Loyalton, CA 96118

Loyalton: 530-993-6746

22 Maiden Lane

Downieville: 530-289-3711

Fax: 530-993-6759

Crisis # 1-833-723-2968

Email: mentalhealth@sierracounty.ca.gov

Services Include:

Mental Health Counseling, Family Counseling, Services for Children and Adults, and Psychiatric Services including Medication Management and Crisis Intervention

Sierra County Mental Health Advisory Board

706 Mill Street

P.O. Box 265

Loyalton, CA 96118

Contact: Sheryll Prinz-McMillan MH Services Act Coordinator

Phone: 530-993-6745

Fax: 530-6759

Email: sprinzmcmillan@sierracounty.ca.gov

Suicidal?
Need Help Now?

Call 988 or 911

or

1-800-SUICIDE
(1-800-784-2433)

or

1-800-273-TALK
(1-800-273-8255)

or

Text Telephone:
1-800-799-4TTY
(1-800-799-4889)

Military Veterans
Suicide Hotline:
1-800-273-TALK
(Press 1)

Suicide Hotline
in Spanish:
1-800-273-TALK
(Press 2)

**Plumas and Sierra
County Crisis Line:
1-833-723-2968
Access Line:
1-888-840-8418**

suicidepreventionlifeline.org

Opiates can kill. You can save a life. Get Informed, Get equipped, Get Naloxone.

While supplies last, **the overdose reversing** Naloxone nasal spray is available for free, no questions asked, at Health & Human Services Offices.

CHILDREN SERVICES & SUPPORT

First 5 Sierra

701 Main St.
Loyalton, CA 96118
Candy Corcoran
candy@first5sierra.org
530-993-4884

Sierra Kids Child Development Center

107 Beckwith Road
Loyalton, CA 96118
530-993-4391

Sierra County Child Care Council

313 Rainbow Circle
Sierra City, CA 96125
sierrachildcare@att.net
530-862-1450 or 530-993-1110

Sierra Nevada Children's Services

Child Care Resource and Referral
Resource Lending Library
701 Main St.
Loyalton, CA 96118
530-993-1288

Sierra County Health Department

WIC, Immunizations, CHDP, CCS
202 Front Street
Loyalton, CA 96118
530-993-6700

Sierra County Social Services

202 Front Street
Loyalton, CA 96118
530-993-6720
Emergency 24x7 530-289-3720

WOMEN, INFANTS, AND CHILDREN (WIC)

Program: The Women, Infants and Children (WIC) Supplemental Nutrition Program is a federally funded health and nutrition program for:

- Women who are pregnant, breastfeeding, or just had a baby
- Children under 5 years old (including foster children)
- Families with low to medium income (working families may qualify)

WIC provides:

- EBT benefits to buy healthy foods from WIC-authorized vendors—milk, eggs, bread, cereal, juice, peanut butter, and much more
- Information about nutrition and health to help you and your family eat well and be healthy
- Support and information about breastfeeding your baby
- Help in finding health care and other community services

To determine if you qualify or to apply, contact:

Bré Whitley
WIC Director
202 Front Street
Loyalton, CA 96118
530-993-6700
www.sierracounty.ca.gov





CHILDREN WITH SPECIAL NEEDS

Alta Regional Center

Coordinates community resources for individuals with developmental disabilities. Services across the lifespan. Truckee office: 530-550-3262

Best Consulting

In-home programs for children, functional communication trainings, parent trainings, life skills, and reduction of behavior problems.
916-448-2050 or 530-583-2057

California Children’s Services

Administered through Sierra County Health Department
Financial assistance for medical needs / low income /
special needs / children with disabilities
530-993-6701 (ask for CCS) www.dhs.ca.gov/pcfh/cms/ccs

High Sierra’s Family Services

Rainbow Early Start / Early intervention and resources
530-993-1110

Sierra County Public Health Department

Child Health & Disability Prevention Program (CHDP)
Well-child care for low income children
202 Front Street
Loyalton, CA 96118 530-993-6700

Sierra County Office of Education

Special Education Local Plan Area (SELPA) services provided,
early intervention, school health, psychologists and counselors,
Special Education, Transitional Kindergarten, speech and language.
Loyalton: 530-993-1660

FAMILY DAY CARE HOMES / CENTERS

Loyalton

Christa Ketchum (FDC)

964 Sierra Brooks Drive
P.O. Box 812
Loyalton, CA 96118
530-993-0226

Sierra Kids Child Development Center

107 Beckwith Road
P.O. Box 130
Loyalton, CA 96118
530-993-4391

FAMILY DAY CARE HOMES / CENTERS

Downieville

Barbara O'Donnell (FDC)

141 River Street
P.O. Box 624
Downieville, CA 95936
530-289-3143

CHURCHES

Assembly of God – Downieville

114 Main Street #1
Downieville, CA 95936
530-289-3125

Immaculate Conception Catholic Church

Church Street
Downieville, CA 95936
530-289-3102

Assembly of God – Loyalton

803 Main Street
Loyalton, CA 96118
530-993-0709

Loyalton Community Church

601 Lewis Avenue
Loyalton, CA 96118
530-993-4411

Calvary Chapel

Meets at Loyalton Elementary
111 Beckwith Road
Loyalton, CA 96118
530-993-1877

Sierraville Community Church

424 S. Lincoln Street
Sierraville, CA 96126
530-994-0671

Church of Jesus Christ of Latter Day Saints

61600 Highway 49
Loyalton, CA 96118
530-993-4366

United Methodist Church

Locations in Downieville & Sierra City
343 Commercial Street
Downieville, CA 95936
530-862-1347

Holy Rosary Catholic Church

613 Fourth Street
Loyalton, CA 96118
530-832-5006

CLOTHING FOR PURCHASE

Bassett's Station

100 Gold Lake Road at Hwy 49
Sierra City, CA 96125
530-862-1297

Sierra Country Store

213 Main Street
Sierra City, CA 96125
530-862-1560

Salvation Army

High Sierra's Family Services
315 Main Street
Loyalton, CA 96118
530-993-1110

Sierra Valley Feed & Ranch Supply

Hwy 49 & Hwy 89
Sierraville, CA 96126
530-994-3091

Senior Thrift Store

501 School St.
Loyalton, CA 96118
530-993-1948

Tom's Snowmobile & Service

630 Lincoln St.,
Sierraville, CA 96126
530-994-3522

The Yuba Gallery

208 Main St.
Downieville, CA 95936
530-289-9822

LOCATIONS FOR CLOTHING DONATIONS

High Sierra's Family Services

Winter Coat Closet
315 Main Street
Loyalton, CA 96118
530-993-1110

Senior Thrift Store

501 School St.
Loyalton, CA 96118
530-993-1948

COMMUNICATIONS

SERVICE PROVIDERS

- **Digitalpath:**
Provides wireless Internet access in many areas within Sierra County
1065 Marauder Street
Chico, CA 95973
1-800-676-PATH (7284)
www.digitalpath.net
- **Plumas-Sierra Telecommunications:**
Satellite internet, Wireless Internet, Broadband Service
73233 State Route 70
Portola, CA 96122-7069
800-221-3474
www.psrec.coop
- **AT&T High speed Internet:**
1-800-288-2020
- **Cellular Phone Service:**
West Side of County: Limited cellular available (AT&T & Verizon)

East Side: Verizon Wireless /AT&T Wireless/T-Mobile/Jitterbug
- **HughesNet :**
844-878-7093 Hughes.net
- **Omsoft (previously Spiral):**
DSL High-Speed Internet Service, Wireless High-Speed Internet, Accelerated Dial-up Internet, and Professional Web Hosting Services. Discounts for non-profits.
416 Broad Street
Nevada City, CA 95959
530-478-9822
www.spiralinternet.com
- **Starlink:**
Business and Residential
<https://www.starlink.com/>

Wi-Fi HOT SPOTS

- **Downieville:**
St. Charles Place
101 Commercial St.
530-289-3237
- **Sierra City:**
Sierra Country Store
213 Main Street
530-862-1560
- **Sierraville:**
Smithneck Farms
107 E. Main Street
530-320-9907
- **Loyalton:**
Loyalton Library
511 Main Street
530-993-1105
- **Sierra Valley Bar and Grill**
711 Main Street
Loyalton, CA 96118

PUBLIC COMPUTER ACCESS

- **Loyalton Library:**
511 Main St
530-993-1105
- **Alliance for Workforce Development-Business & Career Network:**
305 S. Lincoln St.
Sierraville, CA 96126
- **Downieville Library:**
318 Commercial St.
530-289-3544
Tuesdays: 10am-2pm
- **High Sierra Family Services :**
315 Main St.
Loyalton, CA 96118
- **Sierra City Library:**
317 Main St.
530-862-0210

DISABLED SERVICES

Alta Regional Center

530-550-3262

www.altaregional.org

(serving multiple counties, including Sierra County)

High Sierra's Family Services

Family Resource Center

530-993-1110

(Rainbow Children's services)

Connecting Point

(previously known as IHSS)

208 Sutton Way

Grass Valley, CA 95945

530-274-5601

Toll Free: 866-577-6331

www.ns-pa.org

Legal Services of Northern California

530-823-7560

1-800-660-6107

www.lsn.net

(serving multiple counties, including Sierra County)

FREED Center for Independent Living

435 Sutton Way

Grass Valley CA 95945

530-477-3333 voice

530-477-8194 TTY

530-477-8184 fax

800-655-7732 Toll Free

www.freed.org

North Gold Senior Mountaineers

29190 California 49

North San Juan, CA 95960

530-292-9048

Sierra County Social Services

202 Front Street

Loyalton, CA 96118

530-993-6720

Emergency 24x7 530-289-3720

COMMUNITY PANTRIES

High Sierra Family Services

Food Pantry Office

315 Main St

Loyalton, CA 96118

530-993-1110

530-993-4411 after 5PM

INASMUCH Pantry

Non-food pantry

803 Main St.

Loyalton CA 96118

530-993-0709

3rd Wednesday of Month 9-12

Distribution Location:

Catholic Church

613 Fourth St

Loyalton CA 96118

1st & 3rd Fridays

Western Sierra Food Bank

P.O. Box 254

110 Sunnyside Drive

Downieville, CA 95936

Food available upon request.

Contact: Bette Jo Lang 530-289-3644

Liz Fisher 530-289-3632

SIERRA COUNTY MEDICAL CARE

Sierra County Health Department

Family Planning, Immunizations
202 Front Street
Loyalton, CA 96118
Hours: M-F 8AM-5PM
530-993-6700

Western Sierra Medical Clinic

(Downieville)
209 Nevada Street
P.O. Box 286
Downieville, CA 95936
Primary and Urgent Care
Hours: M-Th 8AM-5PM
After-Hours Medical Provider M-
Th 530-289-3298

Eastern Plumas Health Care (Loyalton)

701 Main Street
Loyalton, CA 96118
Hours: M-Th 9AM-5PM
530-993-1231

REGIONAL MEDICAL CARE

California Vision Project

2415 K St.
Sacramento, Ca 95816
916-441-3990

Eastern Plumas Health Care

(Portola)
480 First Avenue
Portola, CA 96122
Hours: M-F 8AM-5PM
Urgent Access Clinic Hours:
M-W-F 8-4 T-TH 12-7
530-832-6600

**Eastern Plumas Health Care
Hospital ER**

500 First Avenue
Portola, CA 96122
Hours: 24 Hours
530-832-6500

Eastern Plumas Health Care

(Graeagle)
7597 State Hwy 89
Graeagle, CA 96103
Hours: M-Th 9AM-5PM
530-832-6600

Gateway Urgent Care

11105 Donner Pass Road
Truckee, CA 96161
Hours: Call
530-582-2070

North Fork Family Medicine Clinic

1060 Valley View Drive
Quincy, CA 95971
Hours: Call
530-283-5640

Plumas District Hospital

1065 Bucks Lake Road
Quincy, CA 95971
Hours: 24 Hours
530-283-2121

REGIONAL MEDICAL CARE CONTINUED

Quincy Family Medicine

1045 Bucks Lake Road
Quincy, CA 95971
Hours: Call
530-283-0650

**Sierra Nevada Memorial
Hospital ER**

155 Glasson Way
Grass Valley, CA 95945
Hours: 24 Hours
530-274-6000

**Western Sierra Medical
Clinic** (Grass Valley)

844 Old Tunnel Road
Grass Valley, CA 95945
Hours: M-F 7AM-5PM
530-274-9762
Dental M-F: 8:30AM-4:00PM
Urgent Care: M-Sat 8 AM-5PM

Sierra Family Medical Clinic

15301 Tyler Foote Road
Nevada City, CA 95959
Hours: M-F 9AM-5PM
Saturday: 1PM-4PM
530-292-3478

Tahoe Forest Hospital ER

10121 Pine Avenue
Truckee, CA 96161
Hours: 24 Hours
530-587-6011

Yubadocs Urgent Care

2090 Nevada City Highway
Grass Valley, CA 95945
Hours: M-F 8AM-6PM
Sat-Sun 9AM-4PM

MEDICAL POWER RESOURCES

PG&E

[Medical Baseline Program \(pge.com\)](http://pge.com)
1-877-660-6789

Liberty

[Energy Efficiency Programs - Residential - California Electric - Liberty \(libertyutilities.com\)](http://libertyutilities.com)
1-800-782-2506

Plumas-Sierra Rural Electric Corp.

[Low Income Assistance – Plumas-Sierra Rural Electric Cooperative \(psrec.coop\)](http://psrec.coop)
530-283-2466

DENTISTS

Portola Dental Clinic

480 First Avenue
Portola ,Ca 96122
M-TH 8-5
530-832-6602

Western Sierra Dental Clinic

17 Front Street
P.O. Box 286
Downieville, CA 95936
530-289-3199
M-F 8-5

www.wsmcmed.org

FAMILY ACTIVITIES

Boy Scouts of America, Loyalton

Jeremy Espana
530-386-0379

C&R Guide Services

Ralph Wood
19755 Mountain Meadow Court
Grass Valley, CA 95949
530-346-7065

Cub Scouts

Jeremy España
530-386-0379

Downieville Library

Children's programs
530-289-3544

Downieville Outfitters

114 Main Street
Downieville, CA 95936
530-289-0155
info@downievilleoutfitters.com
www.downievilleoutfitters.com

Future Farmers of America (FFA)

Caroline "Cali" Griffin
Loyalton High School Agriculture Department
700 Fourth Street
Post Office Box 37
Loyalton, CA 96118
530-993-4454 ext 200 work
530-320-1149 cell

Friday Night Live

Activities take place at both the
Downieville and Loyalton schools
Community Outreach Coordinator
Derrick Koch 530-993-6789
dkoch@sierracounty.ca.gov

Milton Gottardi Museum

501 School St.
Loyalton, CA 96118
530-993-4012

Original Sixteen to One Mine, Inc.

P.O. Box 909
Alleghany, CA 95910
530-287-3233
www.origsix.com

Reid Horse & Cattle Company

(seasonal at Gold Lake)
Russell Reid
1540 Chandler Road
Quincy, CA 95971
530-836-0940

Sierra City Library

Children's programs
530-862-0210

Sierra County Historical Society

100 Kentucky Mine Road
Sierra City, CA 96125
530-862-1310
www.sierracountyhistory.org

Sierra Hot Springs and Globe Hotel

521 Campbell Hot Springs Road
Sierraville, CA 96126
530-994-3773
sierrahotsprings.org
info@sierrahotsprings.org

FAMILY ACTIVITIES CONTINUED

Sierra Valley Little League

Lois Siquedo, President
775-223-5828

Sierra Valley Roping Club

Rhonda Grandi
530-993-4798

Sierraville Recreation Association

Sarah Wright
530-994-3622

Underground Gold Miners Museum

356 Main Street
Alleghany, CA 95910
530-287-3330

Tributary Whitewater Tours, LLC

530-346-6812
www.whitewatertours.com
rafting@whitewatertours.com

Trout Unlimited

Feather River Chapter
William Copren
530-994-3376

The Yuba Theatre

212 Main St.
Downieville, CA 95936
530-289-9822

The North Yuba River Hall

318 Commercial St.
Downieville, CA 95936
530-289-9822

4-H Programs:

Sierra Valley 4-H, Vinton
Echo 4-H, Loyalton
Treasure Mountain 4-H, Sierraville
Lucia Biunno, 4-H Representative
Sierra Washington

- Community Education Specialist
Plumas-Sierra 4-H Youth Development
208 Fairgrounds Road, Quincy, CA 95971
530.283.6173
swashington@ucanr.edu

WELLNESS BUSINESSES

Massage Therapy:

Lola Garza

Mountain Feather Massage
Loyalton office
530-993-4852

Lila Heuer

My Sisters Cottage
207 Main Street
Sierra City, CA 96125
530-862-1505

Leanna Martin

Sierra Sunrise Massage
411 Second Stt.
Loyalton, CA 96118
(530) 448-2287

Downieville Day Spa

- 309 Main Street
Downieville, CA 95936
- Schuyler Bright
530-615-7268
 - Kristy Folsom
530-289-3504

Sierra Buttes Bodywork

Located inside Gray Eagle Lodge
1-800-635-8788
sierrabuttesbodywork.com



***FIRE COUNCILS, AUXILIARIES,
ASSOCIATIONS and DISTRICTS***

Alleghany Volunteer Fire Auxiliary

PO Box 920,
Alleghany, CA 95910

Downieville Volunteer Fire Auxiliary

PO Box 645
Downieville, CA 95936

**Downieville Volunteer Firefighter
Association, DVFA**

PO Box 173
Downieville, CA 95936

Pike City Volunteer Fire Auxiliary

100 Pike City Rd.
Pike City, CA 95960

Sierra City Fire District

PO Box 516
Sierra City CA 96125

**Sierra County Fire Protection District #1
(Calpine, Sattley, Sierraville)**

911 or 530-289-3700 (24 hour dispatch)
530.604.4013 (Leave Message)
530.994.3344 (Leave Message)
P.O. Box 255, Sierraville, CA 96126
102 E. Main, Sierraville, CA
sierracountyfire1@gmail.com
sierracountyfireprotectiondistrict1.org

**Pliocene Ridge Community Service
District**

100 Pike City Road
Pike City CA 95960
District answering machine: 530-288-
0624. Checked on weekday mornings.

Rae Bell Arbogast (General Admin)
can be reached most weekdays at 530-
287-3223 between the hours of 8 am
and 4 pm.

**Sierra County Fire Safe &
Watershed Council**

PO Box 231
Downieville, CA 95936
Irv Christenson
530-289-3432

**Sierra Valley Resource Conservation
District**

PO Box 882
Loyalton
(530) 430-7780
sierravalleyrcd@gmail.com
sierravalleyrcd.com

Eastern Sierra Firefighters' Auxiliary

PO Box 114
Sierraville, CA 96126
Phone 530 574 8331
Contact person: Nanci Davis
Email: esfa@gmail.com

AMERICAN RED CROSS

(see also page 33 for types of services and more contacts)

Action Teams are activated when services are requested by the fire department in the event of a single- or multi-family residential fire. To request services, call the Disaster Call Center at:

844-236-0153

VOLUNTEER FIRE AGENCIES

Alleghany Fire Department

911 or 24/7 dispatch 530-289-3333
Firehouse phone 530-287-9844
105 Plaza Court, Alleghany, CA 95910
alleghanyfire.org
plioceneridge@gmail.com

Pike Fire Department

911 or 24/7 dispatch 530-289-3333
Firehouse phone 530-288-0624
100 Pike City Road, Pike CA 95960
pikecityfire.org
plioceneridge@gmail.com

Downieville Fire Department

911 or 24/7 Dispatch 530-289-3333
321 Main Street
Downieville, CA 95936

Sierra City Fire Department

911 or 530-289-3333
229 Main Street
Sierra City, CA 96125

Loyalton Fire Department

911 or 530-993-4440 (business hours)
530-289-3700 –24 dispatch
P.O. Box 128 Loyalton, CA 96118
cityofloyalton@digitalpath.net
210 Front St. Loyalton, CA 96118
512 Longhorn Dr. Sierra Brooks

INTERPRETERS

Family Resource Center
Loyalton
530-993-1110

COMMODITY CENTERS

Alleghany Fire Station

105 Plaza Court
Alleghany, CA 95910
Vicky Tenney - 530-287-3040

Sierra City

425 Main Street
Sierra City, CA 96125
Don Bruechle - 530-862-1307

Loyalton Senior Center

302 First Street
Loyalton, CA 96118
530-993-4770

Golden Rays

305A Main St.
Downieville, CA 95936
530-862-5030
Joyce 530-289-3250

Loyalton Food Bank

Resource Center Office
315 Main St
Loyalton, CA 96118
530-993-1110
530-993-4411 after 5PM
Distribution Location 1st & 3rd Fridays
Catholic Church
613 Fourth St
Loyalton CA 96118

Calpine Community Hall

131 County Road
Calpine CA 96124
Cheri Sposito casher429@gmail.com
530-616-0630

Immaculate Conception Catholic Church

Church Street
Downieville, CA 95936
530-289-3102



Creating a Healthier Sierra County

Join us
for:

- ▶ Healthy Food Access
- ▶ Nutrition Education
- ▶ Physical Activity Education

For more information, please call, 530-993-6700.

Or visit,

<https://sierracounty.ca.gov/826/CalFresh-Healthy-Living>



Funded by USDA SNAP, an equal opportunity provider. Visit www.CalFreshHealthyLiving.org for healthy tips.



SIERRA COUNTY
CALIFORNIA

FOOD-GROCERS

Bassett's Station (seasonal)
100 Gold Lake Road at Hwy 49
Sierra City, CA 96125
530-862-1297

Downieville Grocery
101 Sunnyside Drive
Downieville, CA 95936
530-289-3596

Indian Valley Outpost (seasonal)
4601 Highway 49
Camptonville, CA 95922
530-289-3037

Leonard's Market
606 Main Street
Loyalton, CA 96118
530-993-4397

Sierra Country Store
213 Main Street
Sierra City, CA 96125
530-862-1560

Sierraville Service & Country Store
126 S. Lincoln Street
Sierraville, CA 96126
530-994-3387

White's Sierra Station
508 Main Street
Loyalton, CA 96118
530-993-1212



FOOD-RESTAURANTS

The Philosophy Café at the Sierra Hot Springs

521 Campbell Hot Springs Rd
Sierraville CA 96126
530-994-3773
sierrahotsprings.org

La Cocina de Oro

(seasonal)
322 Main Street
Downieville CA 95936
530-289-3584

Sierra Country Store

213 Main St.
Sierra City CA 96125
530-862-1560

Downieville Grocery

101 Sunnyside Drive
Downieville CA 95936
530-289-3596

The Corner Café

700 Main Street
Loyalton CA 96118

Sardine Lake Resort

(seasonal)
990 Sardine Lake Road,
Sierra City, CA 96125
www.sardinelakeresort.com
530-862-1196

The Farmhouse Café

101 E. Main Street
Sierraville CA 96126
530-536-8455

Los Dos Hermanos

101 S. Batelle Street
Sierraville CA 96126
530-994-1058

Smithneck Farms

107 E. Main Street
Sierraville CA 96126
530-320-9907

Gold Lake Lodge

(seasonal)
7000 Gold Lake Road
Graeagle CA 96103
530-836-2350

Loyalton Senior Center

302 First Street
Loyalton CA 96118
530-993-4770
Weekday lunches at 12pm
sharp; reservations accepted

White's Sierra Station

508 Main Street
Loyalton CA 96118
530-993-1212

Sierra Valley Bar and Grill

711 Main Street
Loyalton CA 96118
530-993-4467

The Red Moose Café' & Inn

224 Main St
Sierra City CA 96125
530-862-1024

Sabrina's at the Forks

(seasonal)
308 Main St
Downieville, CA 95936
530-289-0155

Sierra Pines Resort

(seasonal)
104 Main Street
Sierra City CA 96125
530-862-1151

Frogs-ty

319 Main Street
Loyalton CA 96118

Two Rivers Café'

116 Main St
Downieville CA 95936
530-289-3250

The Drifter's Table

(seasonal)
820 Main St
Loyalton CA 96118
530-993-4312
www.thedrifterstable.com

Jadaa's Kitchen Food Truck

(seasonal)
105 Commerical St.
Downieville CA 95936
530-564-0140

OTHER BUSINESSES AND CLUBS IN SIERRA COUNTY

A Bit of Beach

530-400-7737

www.abitofbeach.com

Call for hours or appointment

Buck's TV and Appliance

530-249-0191

Calif. Land / Campground Mgmt.

530-322-1181

Downieville Improvement Group

Cherry Simi-President

530-289-3659

chersimi@att.net

Downieville Day Spa

309 Main St.

Downieville, Ca 95936

530-289-3504

Downieville Fire Auxiliary

P.O. Box 645

Downieville, CA 95936

Downieville Lions Club

P.O. Box 24

Downieville, CA 95936

530-289-3626

East Sierra Valley Chamber of Commerce

P.O. Box 355

702 Main Street

Loyalton, CA 96118

530-993-4337

www.eastsierravalleychamber.com

Gone Batty/Harvey Farms

6780 Harvey Ranch Road

Calpine, CA 96124

530-994-3617

Griffin Plumbing

530-994-3212

Hair Faire

703 Main Street

Loyalton, CA 96118

530-993-4678

Rebecca Mooers Realty

221 Main Street

Sierra City, CA 96125

530-862-9009

Kentucky Mine and Museum

100 Kentucky Mine Road

Sierra City, CA 96125

530-862-1310

KT Hay & Cattle Company

62011 Highway 49

Loyalton, CA 96118

530-993-1045

Photography by Andrea

Andrea Siqueido

775-232-5014

Hair and Nails by Kathy Fisher

Kathy Fisher

530-289-3504

Sierra County Arts Council

212 Main St.

Downieville, CA 95936

530-289-9822

Sierra Valley Grange # 466

P.O. Box 15

92202 Highway 70

Vinton, CA 96135

<https://sierravalleygrange.org>

President: Vicki Anderson 775-771-2513

Secretary: Cindy Smith – 530-249-4205

Lecturer: Laurel Colberg – 707-330-3601

OTHER BUSINESSES AND CLUBS IN SIERRA COUNTY CONT.

Rotary Club of Loyalton
rotaryloyalton@gmail.com
loyaltonrotary.org

Sierra Buttes Bodywork
Located inside Gray Eagle Lodge
800-635-8788
sierrabuttesbodywork.com

Sierra City Fire Auxiliary
P.O. Box 55
Sierra City, CA 96125
Mary Jungi
530-862-1580

Sierra County Arts Council
B.J. Jordan
212 Main Street
P.O. Box 546
Downieville, CA 95936
530-289-9822

Sierra County Chamber of Commerce
P.O. Box 436
Sierra City, CA 96125
sierracountychamber.com
info@sierracountychamber.com

Sierra County Historical Society
P.O. Box 294
Sierraville, CA 96126
www.sierracountyhistory.org

Sierra Hardware
305 Main Street
Downieville CA 95936
530-289-3582

Sierra Valley Feed & Ranch Supply
101 E. Main Street
Sierraville, CA 96126
530-994-3091

Sierra Valley Home Center
411 Main St.
Loyalton, Ca 96118
530-993-4331

The Gilded Drifter Inn
820 Main St
Loyalton CA 96118
530-993-5015
gildeddrifterinn.com

The Sierra Chalet
Vacation Rental
Sierra City CA 96123
Mary Davey 530-862-1193

Tom's Snowmobile & Service
Sierraville
530-862-1128

Yuba Gallery
208 Main St.
Downieville Ca, 95936
530-289-9822

Lombardi Mercantile
402 4th St
Loyalton, CA 96118
lombardimercantile@gmail.com

DOMESTIC VIOLENCE

Sierra County Sheriff's Office

County Wide—911
Dispatch 530-289-3700

Victim/Witness Assistance

Program - County Wide
100 Courthouse Square
Downieville, CA 95936
Downieville 530-289-3269

Sierra SAFE Program

Rape Crisis and Domestic Violence
530-283-5515
Portola Office
530-240-0697
Will meet you in person (locally)
Crisis Line—530-283-4333

FIREWISE ORGANIZATION CONTACTS

Alleghany/Pike/Pliocene Ridge

<https://www.plioceneridge.org/firewise>
<https://www.facebook.com/groups/1019467558421380>
plioceneridge@gmail.com

Calpine

<https://www.facebook.com/CalpineFirewise>
calpinefirewise@yahoo.com

Downieville/Goodyears Bar

downievillefirewise@gmail.com

Fire Safe Sierra County

sierracountyfsc@gmail.com
530) 289-8025 *Email and voicemail are checked at least weekly*
firesafesierracounty.org *Check out our NEW website!*

Sierra Brooks

<https://m.facebook.com/groups/firewisesierrabrooks/>
firewisesb@gmail.com

Sierraville

https://www.facebook.com/sierravillefirewise/about/?ref=page_internal
mikeblide@gmail.com

Sierra City

<https://www.facebook.com/groups/firewisesierracity/about>
WestRad@att.net

Verdi

<https://www.verdifirewise.com/>
amccann@verdifirewise.com

HAM RADIO OPERATORS

HAM (amateur) radios can play an extremely important role in emergencies, because they provide a method of communication when cell phones and other communication channels fail. HAM radios can be used to keep the community informed or to get extra assistance in the event of a disaster.

Sierra County residents are encouraged to take the amateur radio license exam, as those listed below have done, so they can help their neighbors and communicate with others in extreme circumstances.

<ul style="list-style-type: none">• Sandra Kendall, KK6CJJ 530-994-3710• Beverly Mitchell, KK6CJM 530-994-3532• Mike Perry, KA62MT 253-970-6271	<ul style="list-style-type: none">• Quentin Youngblood, KB5ZDL 530-836-1201• Gregory Andal, AA7GT 530-993-1550• Nancy Schlefstein, N5NRN 530-913-9218	<ul style="list-style-type: none">• John Ponta, KE6JAA 530-289-3586 415-827-0952• Scott Schlefstein, N5TEN 530-913-9218• John Mitchell, W1RK 530-994-3532
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HELICOPTER MEDICAL TRANSPORT MEMBERSHIP

AirMedCareNetwork
(Reach for Life & Calstar)
1800-793-0010
<http://www.airmedcarenetwork.com/>

MASA Assist
1-800-423-3226
www.masaassist.com/

Enloe Flight Care
530-332-6774
www.enloe.org

HEALTH CARE COALITIONS

Tri-County Health Care Coalition (Tri-HCC)
Includes Plumas, Lassen and Sierra Counties
Charles Shrammel
530-283-6457
charlesschrammel@countyofplumas.com

Sierra County Health Care Coalition
A sub-committee of the Tri-HCC
Hannah Von Tour
530-993-6704
hvontour@sierracounty.ca.gov

HEALTH INSURANCE / PROGRAMS / LEGAL ASSISTANCE

Affordable Healthcare

1-800-300-1506

www.coveredca.com

California Children's Services

916-327-1400

www.dhcs.ca.gov/services/ccs

California Healthy Families

1-800-880-5305

Community Assistance Program

Prescription Discount Cards

251-402-5584

www.caprprogram.org/jdaniel

Sierra County Health Department

202 Front St.

Loyalton, CA 96118

530-993-6701

www.sierracounty.ca.gov/PH

Legal Services of Northern California

530-823-7560

916-551-2150

www.lsn.net

Sierra County Social Services & Eligibility

Sierra County Social Services

Programs include:

- Cal Works/Welfare to Work
- Cal Fresh (Food Stamps)
- Medi-Cal
- County Medical Services Program
- Foster Care
- General Relief

Apply online at Benefitcal.com or in person at 202 Front Street Loyalton, CA 96118 530-993-6720 or 22 Maiden Lane, Downieville, CA 530-289-3711

HIV SERVICES

Sierra County Health Department

P.O. Box 7

202 Front Street

Loyalton, CA 96118

530-993-6701

www.sierracounty.ca.gov

Affordable Healthcare

1-800-300-1506

www.coveredca.com

HOUSING / SECTION 8

Plumas County Community Development Commission (PCCDC)

Housing Assistance Programs

183 W. Main Street

Quincy, CA 95971

530-283-2466 / 1-800-993-5399

(or pick up an application at the local Social Services Office)

www.plumascdc.org

www.hcd.ca.gov

Sierra Valley Senior Apartments

100 Hill Street

Loyalton, CA 96118

530-993-4307

Email: sierravalley@cresapts.com

MEDIA

Sierra Booster

P.O. Box 8
Loyalton, CA 96118
530-993-4379
www.sierrabooster.com/

Mountain Messenger

P.O. Drawer A
Downieville, CA 95936
530-289-3262

Sierra County Prospect

sierracountyprospect.org

Sierra Sun Newspaper

10775 Pioneer Trail, Suite 101
Truckee, Ca 96160
530-587-6061

Tahoe Daily Tribune

3079 Harrison Avenue
South Lake Tahoe, CA 96150
530-541-3880
tahoedailytribune.com

9-1-1 PHONE CALLS

9-1-1 calls made from cell phones in Sierra County are often routed to larger dispatch centers before being transferred back locally, causing a large delay in getting assistance.

When calling 9-1-1, **specify you are in Sierra County.**

To expedite the handling of an emergency call from your cell phone, call the Sheriff's Office Dispatch in Sierra County, instead of 9-1-1.

530-289-3700

AMBULANCE

- Downieville Ambulance
9-1-1 or 530-289-3333
- Eastern Plumas Health Care Ambulance (Plumas Co.)
9-1-1
- Truckee Ambulance (Nevada Co.)
9-1-1 or 530-832-4277

FREED CENTER FOR INDEPENDENT LIVING

435 Sutton Way
Grass Valley CA 95945
530-477-3333 voice
530-477-8194 TTY
530-477-8184 fax
800-655-7732 Toll Free
www.freed.org

- ADRC – The Aging and Disability Resource Connection
- Assistive Technology
- Disability Awareness, Community Education, and ADA Compliance

- Housing Advocacy
- Independent Living Skills
- Information and Referral (I&R)
- Personal Assistance
- Peer Support
- Systems Change Advocacy
- Transition Assistance
- Youth Services

WESTERN SIERRA MEDICAL CLINIC

209 Nevada Street
P.O. Box 286
Downieville, CA 95936
Medical Phone: 530-289-3298
Dental Phone: 530-289-3199 Fax: 530-289-3159
Office Hours: Mon–Thurs 8AM-5PM
wsmcmed.org

Services:

- Medical
- Dental– Thursdays Only
- Urgent Care

EASTERN PLUMAS HEALTH CARE

Loyalton Medical Clinic
701 Main Street
Loyalton, CA 96118
Phone: 530-993-1231 Fax: 530-993-4857

Days: Monday, Tuesday, Wednesday, and Thursday
CLOSED Fridays
Hours: 9AM-5PM (with a midday lunch break)

Services/Specialties available:

- Family Practice
- Podiatry

Lab Draws: Patients can avoid driving to Portola or Reno for routine lab tests. Labs are transported to Portola for processing. Please call clinic in advanced for most efficient time to come in.

LOYALTON SKILLED NURSING FACILITY

700 Third Street
Loyalton, CA 96118
Phone: 530-993-6100 Fax: 530-993-4528

- Licensed for 39 beds
- Personal care and activities
- Visitors / Entertainment / Outings / Spiritual enrichment, if desired
- Physical, and Occupational Therapy for those patients who qualify

In addition to long-term care services, therapies and rehabs are provided for post-surgical patients. People who perhaps had a hip replacement or other surgery can recover and get their physical and occupational therapy in Loyalton instead of staying in Reno.

HOSPICE PROGRAM

Tahoe Forest Hospice
10083 Lake Avenue
Truckee, CA 96161
530-582-3534

MEETING PLACES

Alleghany Fire House

105 Plaza Court
Alleghany, CA 95910
530-287-9844

Loyalton Senior Center

302 First Street
Loyalton, CA 96118
530-993-4770

Calpine Community Hall

131 County Road
Calpine, CA 96124
530-616-0630

Loyalton Social Hall

105 Beckwith Road
Loyalton, CA 96118
530-993-6750

Downieville Community Hall

327 Main Street
Downieville, CA 95936
Mindy Strine
530-955-5110

Loyalton Museum Auditorium

605 School Street
Loyalton, CA 96118
530-993-6750

Forest City Community Hall

530-287-3413

Pike Fire Department

100 Pike City Rd.
Pike, CA 95960
9-1-1 or 530-298-3333

Sierra Valley Bar and Grill

711 Main Street
Loyalton, CA 96118
530-993-4467

Sierra City Community Hall

13 Castagna Alley
Sierra City, CA 96125
530-862-1580

Goodyears Bar Community Hall

530-289-3297

Sierraville Ranger District

317 S. Lincoln Street
Sierraville, CA 96126
530-994-3401

Loyalton Community Church

601 Lewis Avenue
Loyalton, CA 96118
530-993-4411

Sierraville School Community Center

305 S. Lincoln Street
Sierraville, CA 96126
530-289-3201

The Yuba Theater

212 Main St.
Downieville, CA 95936
530-289-9822

The North Yuba River Hall

318 Commercial St.
Downieville, CA 95936
530-289-9822

POST OFFICES

Alleghany

Zip code - 95910
530-287-3427

Calpine/Sattley

Zip code - 96124
530-994-3508

Downieville

Zip code - 95936
530-289-3575

Goodyears Bar

Zip code - 95944
530-289-3442

Blairsden/Graeagle (Plumas Co.)

Zip code - 96103
530-836-2352

Clio (Plumas Co.)

Zip code - 96106
530-836-0201

Quincy (Plumas Co.)

Zip code - 95971
530-283-1690

Loyalton

Zip code - 96118
530-993-4471

Pike/North San Juan

Zip code - 95960
530-292-3303

Sierra City

Zip code - 96125
530-862-1152

Sierraville

Zip code - 96126
530-994-3460

Chilcoot/Vinton (Plumas Co.)

Zip code - 96105
530-993-4861

Portola (Plumas Co.)

Zip code - 96122
530-832-4202

NOTARY SERVICES

Public Notary

Downieville
Mindy Strine
530-955-5110

Calpine
Stacey Estrada
Mobile services available
530-320-0764

PUBLIC PARKS

Alleghany Park

515 Miners Street
Alleghany, CA 95910

Smithneck Creek Park

221 Smithneck Creek Road
Loyalton, CA 96118
Call Public Works for a use
permit: 530-289-3201

Calpine Park

103 Country Road
Calpine, CA 96124

Sierra City Park

15 Busch Street
Sierra City, CA 96125

Downieville Tennis Court and Community Park

746 Upper Main Street
Downieville CA 95936

Sierra City Visitor Center

111 Butte Street
Sierra City, CA 96125
530-862-0449

Downieville Visitor Center

170 Main Street
Downieville, CA 95936

Sierraville School

305 S. Lincoln Street
Sierraville, CA 96126
530-289-3201

Gold Rush Park

170 Main Street
Downieville, CA 95936

Tin Cup Diggins

201 Commercial Street
Downieville, CA 95936

Kentucky Mine Historical Park and Museum

100 Kentucky Mine Road
Sierra City, CA 96125
530-862-1310

Von Schmidt Monument Historic Park

700 Dog Valley Road
Verdi, CA 89439

Loyalton City Park

105 Beckwith Road.
Loyalton, CA 96118
530-993-6750

Yuba Theatre / Sierra County Arts Council

212 Main Street
Downieville, CA 96936
530-289-9822

Plum Valley Park

Ridge Road
Pike, CA 95960

PUBLIC PAYPHONES

Bassett's Station

100 Gold Lake Road at Hwy 49
Sierra City, CA 96125

Sardine Lake Resort

990 Sardine Lake Road
Sierra City, CA 96125

Sierra County Health & Human Services

202 Front Street
Loyalton, CA 96118

Sierra Pines Resort

104 Main Street
Sierra City, CA 96125

SENIOR SERVICES

Connecting Point

(previously known as IHSS)
208 Sutton Way
Grass Valley, CA 95945
530-274-5601
Toll Free: 866-577-6331
www.ns-pa.org

Sierra County Social Services

202 Front Street
Loyalton, CA 96118
530-993-6720
22 Maiden Lane
Downieville CA 95936
530-289-3711
Emergency 24x7 530-289-3720

Legal Services of Northern California

530-823-7560
www.lsn.net
(serving multiple counties, including
Sierra County)

Sierra Valley Senior Apartments

100 Hill Street
Loyalton, CA 96118
530-993-4307

Agency On Aging Area 4

1401 El Camino Avenue, 4th Floor,
Sacramento CA 95815
916-486-1876
agencyonaging4.org

Sierra Outreach Nursing Program

202 Front Street
Loyalton, CA 96118
530-993-6700

Loyalton Senior Center

302 First Street
Loyalton, CA 96118
530-993-4770

Golden Rays Senior's, Inc.

305A Main Street
P.O. Box 532
Downieville, CA 95936
For information on Lunch Program
530-289-3250 and
Public Transportation
530-798-8555

North Gold Senior Mountaineers

29190 California 49
North San Juan, CA 95960
530-292-9048

SIERRA COUNTY GOVERNMENT

County Board of Supervisors:

Call the Clerk's office to find out what district you are located.

- Lee Adams
Supervisor District 1
530-289-3506
supervisor1@sierracounty.ca.gov

- Lila Heuer
Supervisor District 2
530-862-1013
supervisor2@sierracounty.ca.gov

- Paul Roen
Supervisor District 3
209-479-2770
supervisor3@sierracounty.ca.gov

- Terry LeBlanc
Supervisor District 4
530-993-0247
supervisor4@sierracounty.ca.gov

- Sharon Dryden
Supervisor District 5
530-913-9218
supervisor5@sierracounty.ca.gov

Heather Foster - Clerk of the Board
P.O. Drawer D
100 Courthouse Square, Suite 11
Downieville, CA 95936
530-289-3295

Ann Mendez - Court Executive Officer
P.O. Box 476
100 Courthouse Square, 2nd Floor
Downieville, CA 95936
530-289-3698
amendez@sierracourt.org

Law Firm of Prentice, Long & Epperson-
County Counsel
<http://plelawfirm.com/>

Keith Mahan - Agriculture Commissioner
208 Fairgrounds Road
Quincy, CA 95971
530-283-6365 Fax: 530-283-4210
keithmahan@countyofplumas.com

Sean Snider - District Superintendent of
Schools (Contracted)
P.O. Box 955
109 Beckwith Road
Loyalton, CA 96118

Laura Marshall - Assessor (Elected)
P.O. Box 8
100 Courthouse Square, Suite B1
Downieville, CA 95936
530-289-3283 Fax: 530 289-2801
assessor@sierracounty.ca.gov

Van Maddox - Auditor-Treasurer-Tax
Collector (Elected)
Auditor-Risk Manager-Insurance Division
P.O. Box 425
326 Main St.
Downieville, CA 95936
530-289-3273 Fax: 289-2842
auditor@sierracounty.ca.gov

- The Treasurer Tax Collectors
office is located at:
100 Courthouse Square,
1st Floor Downieville, CA
95936. 530-289-3286

Jeremy Miller – Chief Technology Officer
P.O. Box 255
211 Nevada St, 2nd Floor above Clinic
Downieville, CA 95936
530-289-2890
jmiller@sierracounty.ca.gov

Tex Ritter - Director Sierra Nevada
Regional Child Support Services
P.O. Box 463
Downieville, CA 95936
866-901-3212
snrdcss@co.nevada.ca.us

Sandra Groven - District Attorney
P.O. Box 457
100 Courthouse Square, 2nd Floor
Downieville, CA 95936
530-289-3269
sgroven@sierracounty.ca.gov

Chuck Henson - Chief Probation Officer
P.O. Box 67
100 Courthouse Square, 2nd Floor
Downieville, CA 95936
530-289-3277
chenson@sierracounty.ca.gov
probation@sierracounty.ca.gov

Rhonda Grandi - Director Public Health &
Environmental Health
P.O. Box 7
202 Front St.
Loyalton CA 96118
530-993 –6700
rgrandi@sierracounty.ca.gov

Lori McGee - Director Social Services
P.O. Box 1019
202 Front St.
530-993-6720
Loyalton, CA 96118
lmcgee@sierracounty.ca.gov

Sheryll Prinz-McMillan - Director of
Behavioral Health
704 Mill St.
P.O. Box 268
Loyalton, Ca 96118
530-993-6748
spinzmcmillan@sierracounty.ca.gov

Evelyn de Mello - Environmental Health
P.O. Box 7
Loyalton, CA 96118
530-993-6716
For messages: 530-993-6700
envhealth@sierracounty.ca.gov

Bryan Davey- Director of Transportation/
Public Works
101 Courthouse Square
Downieville, CA 95936
P.O. Box 98
530-289-3201
Downieville, CA 95936
publicworks@sierracounty.ca.gov

Brandon Pangman - Director of Building and
Planning/Executive Director of LAFCo
101 Courthouse Square
Public Works Building
P.O. Box 530
Downieville CA 95936
530-289-3251
bpangman@sierracounty.ca.gov

Mike Fisher - Sheriff-Coroner (Elected)
Director Office of Emergency Services
Animal Control
P.O. Box 66
100 Courthouse Square, 1st Floor
Downieville, CA 95936
530-289-3700 Fax: 530-289-3318
mikefisher@sierracounty.ca.gov

Loyalton Substation
61050 Hwy 49
Loyalton, CA 96118

<p align="center"><u>LOYALTON CITY HALL</u></p> <p align="center">P.O. Box 128 501 School St. Loyalton, CA 96118 530-993-6750 Days: Monday - Thursday Hours: 9AM-3PM (closed 12-1PM)</p>	<p align="center"><u>FISH & WILDLIFE</u></p> <p align="center">Wildlife Problems 916-358-2917</p>
<p align="center"><u>HIGHWAY PATROL</u></p> <p align="center">916-861-1300 - Sacramento 530-257-9605 - Susanville 530-582-7500 - Truckee Call 911 for emergency</p>	<p align="center"><u>LIBRARIES</u></p> <p align="center">Alleghany Library 530-287-3262</p> <p align="center">Loyalton Library 530-993-1105</p> <p align="center">Sierra City Library 530-862-0210</p> <p align="center">Downieville Library 530-289-3544</p>

American Red Cross Disaster Action Teams are activated when services are requested by the fire department in the event of a single- or multi-family residential fire.

The American Red Cross is able to provide for the **immediate emergency needs of those displaced individuals which may include food, clothing, and a hotel for up to 3 nights**. In the case where approximately 10 families or 20-30 people are involved, the Red Cross may choose to open a shelter. Red Cross Disaster Mental Health services are available for the emotional support of clients, as well as Health Services to assist clients with the replacement of their medications or glasses.

Canteen The American Red Cross may also provide canteen services when requested for a larger incident (fire, bus crash, etc.) to provide snacks, water, and coffee to fire crews, law enforcement, etc.

Evacuation Center An Evacuation Center is a temporary center for evacuees who have been displaced due to an incident. This center would not be for overnight use. Clients can receive briefings, get a snack, and find temporary shelter until the incident comes to an end or a decision is made to open a shelter.

Shelters A Red Cross shelter is for evacuees who have been displaced overnight by disaster. Red Cross shelters are carefully chosen by the Red Cross in conjunction with Health and Human Services and are capable of serving meals and housing large groups. Red Cross shelters are staffed by Red Cross volunteers and staff including Mental Health Services and Health Services.

Disaster Dispatch: 1-844-236-0153

Daryl White
Disaster Program Manager
Northeastern California Chapter
2125 E. Onstott Road
Yuba City, CA 95991
530-673-1460 Office
916-995-4392 Cell

Kevin Hedahl
Senior Disaster Program Manager

916-215-6808

Robin Friedman
Regional Disaster Program Officer
American Red Cross
Capital Region Chapter
1565 Exposition Boulevard
Sacramento, CA 95815
916-993-7079 Phone
916-764-5746 Cell

SIERRA COUNTY PUBLIC SCHOOLS

Downieville School (K-12)

P.O. Drawer B
130 School Street
Downieville, CA 95936
530-289-3473
Fax 530-289-3693

dvl.sierracountyschools.org

Loyalton Elementary School (TK-6)

P.O. Box 127
111 Beckwith Road
Loyalton, CA 96118
530-993-4482
Fax 530-993-1007

les.sierracountyschools.org

Loyalton High School (7-12)

P.O. Box 37
700 Fourth Street
Loyalton, CA 96118
530-993-4454
Fax 530-993-4667

lhs.sierracountyschools.org

Sierra Pass Continuation High School

P.O. Box 37
109 Beckwith Road, Building 9
Loyalton, CA 96118
530-993-1660 ext. 160
Fax: 530-993-0828

Sierra-Plumas Joint Unified School District Office

P.O. Box 955
109 Beckwith Road
Loyalton, CA 96118
530-993-1660
Fax 530-993-0828

www.sierracountyschools.org

OTHER EDUCATIONAL OPPORTUNITIES

Sierra County Schools for Adults

Wendy Jackson
P.O. Box 955
605 School St
Loyalton CA 96118
530-993-4953
Fax: 530-993-0828

Wjackson@spjUSD.org
www.thescsa.org

Alliance for Workforce Development

Business and Career Network
305 S. Lincoln Street
Sierraville, CA 96126
530-994-3349

CPR / Work Place First Aid Training

Rae Bell Arbogast
530-287-3454
raebell44@gmail.com

**High Sierra's Family Services
Family Resource Center**
315 Main Street
Loyalton, CA 96118
530-993-1110

This is a non-profit agency that provides the following programs and services:

- **Family Outreach Program**, Home visiting
- **Sierra Safe Kids** (provides car seats, safety training, and bike helmets)
- **Nurturing Parenting**: A family centered initiative design to build nurturing parenting skills
- **Winter Coat Drive** (free gently used coats)
- **RAINBOW Family Support and Resource Network** (advocacy for special needs children 0-3)
- **Emergency Assistance & Salvation Army Fund**
- **Promotes National Child Abuse Prevention Month** activities
- **Grantee of Sierra County Child Care Council**
- **High Sierra's Food Pantry** - First and third Fridays of every month at 3pm; 614 Fourth St Loyalton CA 96118

Wellness Center
207 Front Street
Loyalton, CA 96118

Peer Support Services: 530-993-6731
Mental Health Services Act Coordinator: 530-993-6745
Fax: 530-993-1003

- **Peer Supported Resource and Wellness Center**
- Offers **Wellness and Recovery focused** activities
- Offers **Support and Services** to increase community involvement and reduce isolation
- Currently offering **WRAP** Sessions: Wellness Recovery Action Plan
- Please feel free to **stop by** and learn about Peer Support & Vet Support Services and the value that these services have in our community
- Veterans Support

In-Home Support Services
202 Front Street
Loyalton, CA 96118

- The IHSS Program will help pay for services provided to you so that you can remain safely in your own home.
- To be eligible, you must be over 65 years of age, or disabled, or blind. Disabled children are also eligible for IHSS. IHSS is considered an alternative to out-of-home care such as nursing homes or board and care facilities.
- **Quick Links**
 - ***CalFresh (Food Stamp) Benefits**: For people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table
Helpline 1-877-847-3663
 - ***Apply now on line at: www.getcalfresh.org or BenefitsCal.com**

TRANSPORTATION

Golden Rays Public Transportation

305A Main Street
P.O. Box 532
Downieville CA 95936
530-798-8555

Loyalton Senior Center

302 First Street
Loyalton, Ca 96118
530-993-4770

UTILITIES

Ace Propane

530-271-7365
www.acepropane.net

Alleghany Public Utility District

530-287-3204
alleghanywater@gmail.com

Amerigas

530-832-5133
www.amerigas.com

City of Loyalton

water/sewer
530-993-6750

Calpine Water Works

PO Box 9
Calpine CA 96124
530-582-3844

Downieville PUD

PO Box 444
Downieville CA 95936
530-289-2774

Ferrellgas

530-823-0607
www.ferrellgas.com

Liberty Utilities

Serving City of Loyalton & Southern Sierra
County
P.O. Box 107
Tahoe Vista, CA 96148
530-546-1728
<https://libertyutilities.com/>

PG&E

800-743-5000
www.pge.com

Plumas-Sierra Rural Electric Cooperative

Serving most of the western Sierra Valley
73233 State Route 70 Portola, CA 96122-7069
800-555-2207
www.psrec.coop

Sierra City Waterworks, Inc.

530-273-6447

Sierra Energy

530-993-4378
www.sierraenergy.net

Sierraville PUD

PO Box 325
Sierraville CA 96126

Suburban Propane

530-832-5534
530-273-6113
www.suburbanpropane.com

SANITATION

Garbage removal:

Intermountain Disposal
108 Commercial Street, Suite A
Portola, CA 96122
530-832-4879

GARBAGE TRANSFER STATIONS

Fees may apply

Loyalton

#1 Garbage Pit Road,
Loyalton, CA 96118

Downieville

#1 Ramshorn Road,
Goodyears Bar, CA 95944

Sattley/Calpine

3065 A23
Calpine, CA 96124

Alleghany

#1 Alleghany Dump Road,
Alleghany, CA 95910

Sierra City

11 Cups Dump Road
Sierra City, CA 96125

WATER—BULK

Big Mountain Water Resources

365 Main Street
Quincy, CA 95971
530-927-7433 or 530-354-4854
4000 gal potable water truck

North San Juan Fire Protection

District Station #3

Tyler Foote Road
P.O. Box 229
North San Juan, CA 95960
530-292-9159
3000 gal potable water truck

Norm Paul Water Hauling, Inc.

1101 Skyline Drive
Auburn, CA 95602
530-885-5760
4000 gal potable water truck
4400 gal potable semi
tractor-trailer

Sierra County OES

P.O. Box 530
Downieville, CA 95936
530-289-2850 / 289-3251 / 289-3700

LIQUID WASTE HAULERS

Navo & Sons, Inc.

815 Idaho-Maryland Road
Grass Valley, CA 95945
530-273-2964
www.navo.com

Sani-Hut Company, Inc.

1325 E. Greg Street
Sparks, NV 89431
775-358-6720
www.sanihut.com

Ben Toilet Rental, Inc

530-456-2308
800-767-8276
bens@bentoiletrentals.com
www.bentoiletrentals.com

Water's Vacuum Truck Services, Inc

888-909-7867 24x7
775-825-1595
www.watersvacuum.com

Plumas Sanitation

73762 Industrial Way
Portola, CA 96122
530-832-0370
www.plumassanitation.com

Anderson's Septic & Sewer

530-273-4323
andersonseptic@yahoo.com
andersonsepticandsewer.com

RS Clark Septic/Gold Country Septic

530-273-5633
goldcountryseptic@att.net
rsclarksepticsevice.com

U.S. FOREST SERVICE RANGER STATIONS

Sierraville Ranger District

317 S. Lincoln Street
P.O. Box 95
Sierraville, CA 96126
530-994-3401

Yuba River Ranger District

15924 Highway 49
Camptonville, CA 95922
530-288-3231

WELL DRILLERS

Bruce Mackay Pump & Well Service, Inc.

1600 Mt. Rose Hwy
Reno, NV 89511 (Verdi area)
775-851-1600
www.brucemackay.com

Hydro Resources West Inc.

740 Bennie Lane, Suite A
Reno, NV 89512
775-329-2083
www.hydroresources.com

Dickens Drilling, Inc.

189 Danny Court
Quincy, CA 95971
530-283-4844
ddinc@digitalpath.net

Peters' Drilling & Pump Service

P.O. Box 1546
Grass Valley, CA 95945
530-273-8136
www.petersdrilling.com

Gary C. Tanko Well Drilling, Inc.

12150 Luther Road
Auburn, CA 95603
530-823-8234
www.tanko.com
info@tanko.com

Steve's Pumps & Well Drilling

P.O. Box 249
711-715 Sears Road
Janesville, CA 96114
530-253-3601
www.stevespumps.com
TL@yourpro.com

VETERINARIANS SERVING SIERRA COUNTY

- **Martin D. Schafer, DVM**
Plumas Veterinary Services
81010 Highway 70
Beckwourth, CA 96129
530-832-4485
- **Large Animal Veterinary Services**
94325 Highway 70
Chilcoot, CA 96105
530-993-1400
- **Joseph M. Coli, DVM**
Comstock Large Animal Hospital
90 W. Laramie Drive
Reno, NV 89521
775-849-0120
- **Susan A. McCartney, DVM**
Large Animal Veterinary Services
20485 Cooke Drive
Reno, NV 89521
775-849-1921
- **Julie Wilkins, DVM**
Large Animal Veterinary Services
Loyalton / Oroville area
530-519-3228
- **Edge Equine—Dr. Ian Lafoon**
Mobile Veterinary Practice
775-750-5249

OXYGEN VENDORS SERVING SIERRA COUNTY

- **Lincare**
629 Entler Ave
Chico CA 95928
530-895-8414
- **Accellence Home Medical**
5450 Mill St #101
Reno NV 89502
775-787-8880
- **Owens Medical Equipment & Respiratory Services**
2690 Main St.
Susuanville, CA 96130
800-308-8098 Open 24/7

DISASTER HEALTHCARE VOLUNTEERS of California

On-line registration system for medical and healthcare volunteers:

<https://healthcarevolunteers.ca.gov/>

What does it take to register for disaster service?

1. During the on-line registration process, you will be asked to enter information regarding your license (if applicable).
2. Enter information about the best way to contact you, and other relevant background information.
3. Once you've registered, your credentials will be validated - before an emergency - so that you can be deployed quickly and efficiently. Your information will only be viewed by authorized system managers.

ANIMAL RESCUES AND ORGANIZATIONS

American Humane Association

1400 16th Street NW; Suite 360
Washington, DC 20036
800-227-4645

www.americanhumane.org
info@americanhumane.org

Humane Society of Truckee-Tahoe

10961 Stevens Lane
Truckee, CA 96162
530-587-5948

info@hstt.org

High Sierra Animal Rescue

103 Meadow Ridge Lane
Portola, CA 96122
530-832-4727

info@highsierraanimalrescue.org

National Animal Rescue & Sheltering Coalition

Voicemail: 336-496-2772

thenarsc@gmail.com

Nevada County Veterinary Disaster Response Team

Hm 530-477-6506

Cell 530-913-6506

m4animals@aol.com

Nevada Humane Society

2825 Longley Lane, Suite B
Reno, NV 89502-5942
775-856-2000

Palomino Valley Pet Rescue, Inc.

1258 Baring Boulevard #276
Sparks, NV 89434
775-358-5527

questions@palominovalleypetrescue.org

Red Rover

3800 J Street
Sacramento, CA 95816
916-429-2457

www.redrover.org

info@redrover.org

Sierra Wildlife Rescue

3030 Newtown Road
Placerville, CA 95667
530-621-4661

www.sierrawildliferescue.org

info@sierrawildliferescue.org

SPCA of Northern Nevada

840 E. 5th Street
Reno, NV 89512
775-324-7773

Willows Change Pet Rescue Network

Reno, NV 89506
775-971-9547

willowschange@charter.net

Floods

Floods are the most common and widespread of all natural disasters. If you live in an area where floods occur, you should know the following:

What to do before a flood

- Plan for evacuation, including where you will go and the route you will take.
- Purchase flood insurance and keep all insurance policies in a safe place.
- Take photos or a videotape of the valuables you keep in your home.
- Listen to your radio or television for reports of flood danger.
- Keep your car filled with gas.

What to do during a flood

- Do not try to walk or drive through flooded areas. Water can be deeper than it appears and water levels rise quickly. If your car stalls in floodwater, get out quickly and move to higher ground.
- Stay away from moving water; moving water six inches deep can sweep you off your feet. Cars are easily swept away in just two feet of water.
- Stay away from disaster areas unless authorities ask for volunteers.
- Stay away from downed power lines.
- If your home is flooded, turn the utilities off until emergency officials tell you it is safe to turn them on.
- Do not pump the basement out until floodwater recedes.
- Avoid weakened floors, walls and rooftops.
- Wash your hands frequently with soap and clean water if you come in contact with floodwaters.

What to do after a flood

- Wear gloves and boots when cleaning up.
- Open all doors and windows. Use fans if possible to air out the building.
- Wash all clothes and linens in hot water.
- Discard mattresses and stuffed furniture; they can't be adequately cleaned.
- Wash dirt and mud from walls, counters, and hard surfaced floors with soap and water.
- Discard all food that has come into contact with floodwater; canned food is okay.
- If your well is flooded, your tap water is probably unsafe. If you have public water, the health department will let you know if your water is not safe to drink. Until your water is safe, use clean bottled water.
- Do not use your septic system when water is standing on the ground around it.

Hot Weather Precautions

Severe heat may cause illness or even death. When temperatures rise to extreme highs, reduce risks by taking the following precautions:

Hot weather precautions to reduce the risk of heat exhaustion and heat stroke

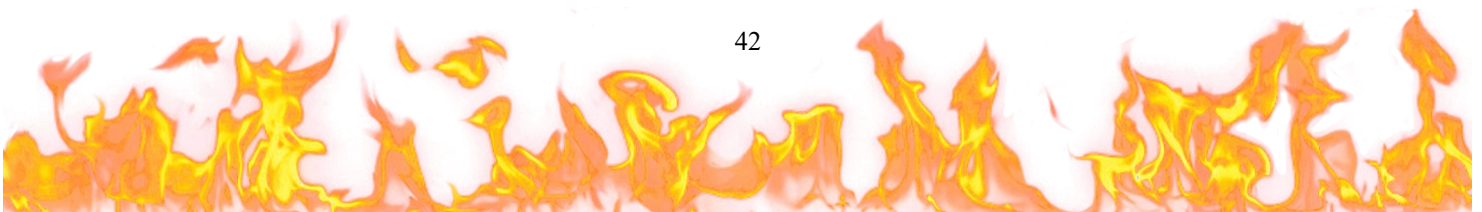
- Stay indoors and in an air-conditioned environment as much as possible unless you're sure your body has a high tolerance for heat.
- Drink plenty of fluids but avoid beverages that contain alcohol, caffeine or a lot of sugar.
- Eat more frequently but make sure meals are balanced and light.
- Never leave any person or pet in a parked vehicle.
- Avoid dressing babies in heavy clothing or wrapping them in warm blankets.
- Make sure pets have plenty of water.
- If you take prescription diuretics, antihistamines, mood-altering or antispasmodic drugs, check with a doctor about the effects of sun and heat exposure.
- Cover windows that receive morning or afternoon sun. Awnings can reduce the heat entering a house.

If you go outside

- Plan strenuous outdoor activities for early or late in the day when temperatures are cooler; then gradually build up tolerance for warmer conditions.
- Take frequent breaks when working outdoors.
- Wear a wide-brimmed hat, sun block, and light-colored, loose-fitting clothes when outdoors.
- At first signs of heat illness (dizziness, nausea, headaches), move to a cooler location, rest for a few minutes, and slowly drink a cool beverage. Seek medical attention immediately if you do not feel better.
- Avoid sunburn: it slows the skin's ability to cool itself. Use a sunscreen lotion with a high SPF rating.
- Avoid extreme temperature changes. A cool shower immediately after coming in from hot temperatures can result in hypothermia, particularly for elderly or very young people.

If the power goes out or air conditioning is not available

- Ask your doctor about any prescription medicine you keep refrigerated. (If the power goes out, most medicine will be fine to leave in a closed refrigerator for at least three hours.)
- Keep a few bottles of water in your freezer; if the power goes out, move them to your refrigerator and keep the doors shut.



Power Outages

Power outages can cause many safety concerns; knowing the following information can help.

Before a power outage

- Register life-sustaining and medical equipment with your utility company.
- Consider buying a generator. Keep your generator outside and run a cord inside. Don't connect your generator to main service panels — it's dangerous!
- Your disaster preparedness kit should contain flashlights, a battery-powered radio, and a wind-up clock.
- Have a corded telephone available — cordless phones will not work when the power is out.
- Have a safe alternative heat source and supply of fuel. Never burn charcoal or use a generator indoors.

During a power outage

- Turn off lights and electrical appliances except for the refrigerator and freezer.
- Even if it is dark, turn light switches and buttons on lamps or appliances to the “off” position.
- Unplug computers and other sensitive equipment to protect them from possible surges.
- Leave one lamp on so you will know when power is restored. Wait at least 15 minutes after power is restored before turning on other appliances.
- Conserve water, especially if you use well water.
- Never use gas ovens, gas ranges, barbecues or portable or propane heaters for indoor heating—they use oxygen and create carbon monoxide that can cause suffocation.
- Candles can cause a fire. It's far better to use battery-operated flashlights or glow sticks for lighting.
- Using a kerosene heater, gas lantern or stove inside the house can be dangerous. Maintain proper ventilation at all times to avoid a build up of toxic fumes, and be sure to have a carbon monoxide detector.
- Stay away from downed power lines and sagging trees with broken limbs.

Keep food safe

- Use and store food carefully to prevent foodborne illness when power outages make refrigeration unavailable.
- Use foods first that can spoil most rapidly.
- Keep doors to refrigerators and freezers closed. Your refrigerator's freezer will keep food frozen for a day.
- Use an ice chest packed with ice or snow to keep food cold. Use bags of ice to save refrigerator foods.
- **If in doubt, throw it out.** Throw out meat, seafood, dairy products and cooked food that does not feel cold.



Preparing for Winter Storms

Winter storms can range from moderate snow over a few hours to blizzard conditions with blinding, wind-driven snow that lasts several days. Prepare before the snow falls and the ice freezes.

Preparing for winter storms

- Listen to your radio, television or on-line news for winter storm forecasts and other information.
- Prepare your home for cold weather. Install storm windows. Insulate outside walls, attics, and crawl spaces. Wrap pipes, especially those near cold outer walls or in attics or crawl spaces. Repair leaks in the roof, around the doors, and in the windows.
- Have appropriate cold weather clothing available.
- If you have a kerosene heater, refuel your heater outside and remember to keep it at least three feet from flammable objects.
- Make sure your fireplace functions properly.
- Have rock salt and sand on hand for traction on ice.
- Fill your gas tank before the snow starts falling.

During a winter storm

- Wear several layers of loose fitting, light weight, warm clothing rather than one layer of heavy clothing. Wear mittens rather than gloves. Wear a warm, woolen cap.
- Reduce the temperature in your home to conserve fuel.
- Heat only the areas of your home you are using. Close doors and curtains.
- Be sure to eat regularly. Food provides calories that maintain body heat.
- Watch for signs of frostbite and hypothermia — slurred speech, disorientation, uncontrollable shivering, stumbling, drowsiness, and body temperature of 95 degrees Fahrenheit or less.

In your vehicle

- Make sure someone knows where you are going. Stay on the main roads.
- If trapped in a blizzard, clear your tail pipe and run your engine and heater for 10 minutes every hour. Open your window slightly.
- During night hours, keep the dome light on in the car so rescue crews can see your vehicle.
- Keep an emergency kit in your vehicle. Include a three-day supply of water and non-perishable food that can be eaten without being cooked. Include a blanket or sleeping bag for each passenger, a flashlight, cell phone, shovel, sack of sand or kitty litter, booster cables, flare, and toilet paper.

INDEX

A Bit of Beach.....	20	Friday Night Live.....	14
Accellence Home Medical.....	39	Gateway Urgent Care.....	12
Affordable Healthcare.....	24	Girl Scouts.....	14
Agency on Aging Area 4.....	31	Gold Lake Lodge.....	19
Alcoholics Anonymous.....	5	Golden Rays Seniors Inc.	18, 31, 36
Alleghany Public Utility District.....	36	Sierra Valley Bar and Grill.....	19, 28
Alleghany Fire Department.....	17,18	Gone Batty.....	20
Alliance for Workforce Development.....	10, 34	Goodyears Bar Community Hall.....	28
Alta Regional Center.....	7, 11	Grandma's Frosty.....	19
Ambulance.....	25	Griffin Plumbing.....	20
American Red Cross.....	16, 33	Hair Faire.....	20
Anderson's Septic & Sewer.....	38	HAM Radio Operators.....	23
Animal Rescue.....	40	Health Insurance.....	24
Assembly of God—Downieville.....	8	Helicopter Medical Transport Membership.....	23
Assembly of God—Loyalton.....	8	Herrington's Sierra Pines Resort.....	19, 31
Avon Representative.....	20	Highway Patrol.....	33
Bassett's Station.....	9, 18, 31	High Sierra's Family Services.....	7, 9, 11, 35
Ben Toilet Rental, Inc.....	38	HIV Services.....	23
Best Consulting.....	7	INASMUCH pantry.....	11
Bi-State Propane.....	36	Indian Valley Outpost.....	18
Boy Scouts of America.....	14	Jan Koettel Realty.....	20
Buck's TV & Appliance.....	20	Kentucky Mine & Museum.....	20, 29
CalFresh Healthy Living.....	18	KT Hay and Cattle Company.....	20
C&R Guide Services.....	14	La Cocina de Oro.....	19
California Children's Services.....	7, 24	La Sierra Beauty Boutique.....	15
California Land / Campground Management.....	20	Legal Services of Northern California.....	11, 24, 31
Calpine Community Hall.....	28	Leonard's Market.....	18
Calpine Fire Department.....	17	Lincare.....	39
Calvary Chapel.....	8	Liquid Waste Haulers.....	37
Canyon Ranch Resort.....	14	Los Dos Hermanos.....	19
Catholic Church – Downieville.....	8	Loyalton City Hall.....	33
Catholic Church – Loyalton.....	8	Loyalton Community Church.....	8, 27
Community Assistance Program.....	24	Loyalton Elementary School.....	34
Church of Jesus Christ of Latter Day Saints.....	8	Loyalton Fire Department.....	17
Commodity Centers.....	18	Loyalton Food Bank.....	18
Connecting Point.....	11, 31	Loyalton High School.....	34
County Board of Supervisors.....	32	Loyalton Library.....	10, 14, 33
CPR / First Aid Training.....	34	Loyalton Senior Center.....	11, 18, 19, 28, 31, 6
Crisis Line.....	5, 22	Loyalton Social Hall.....	28
Cub Scouts.....	14	Massage Therapy.....	16
Digitalpath.....	10	Medical Power Resources (PG&E, Liberty, PSREC).....	12
Disaster Healthcare Volunteers.....	39	Milton Gottardi Museum.....	14
Downieville Community Hall.....	28	Mountain Messenger.....	25
Downieville Day Spa.....	20	Narcotics Anonymous.....	5
Downieville Fire Department.....	17	National Suicide Prevention Lifeline.....	5
Downieville Grocery.....	18, 19	Navo & Sons, Inc.....	38
Downieville Library.....	10, 14, 33	North Fork Family Medicine Clinic.....	12
Downieville Lions Club.....	20	North Gold Senior Mountaineers.....	11, 31
Downieville Outfitters.....	14	Notary Services.....	29
Downieville School.....	34	Old Schoolhouse Vacation Rental.....	21
Downieville Volunteer Firefighter Association.....	16	Original Sixteen to One Mine, Inc.....	14
Everebridge Emergency Notification.....	Back Cover	Packer Lake Lodge.....	19
East Sierra Valley Chamber of Commerce.....	20	Photography by Andrea.....	21
Eastern Plumas Health Care.....	12, 25, 27	Pike Fire Department.....	17,18,28
Emergency Preparedness.....	41, 42, 43, 44	Plumas County Community Development Comm.....	24
Family Day Care Homes.....	7, 8	Plumas District Hospital.....	12
First 5 Sierra.....	6	Plumas Sanitation.....	37, 38
Fish & Wildlife.....	33	Plumas-Sierra Rural Electric Cooperative.....	36
Forest City Community Hall.....	28	Plumas-Sierra Telecommunications.....	10
FREED Center for Independent Living.....	11, 26	Portola Reporter.....	25

INDEX—CONTINUED

Post Offices	29	Sierraville Community Parsonage	8
Public Computer Access	10	Sierraville Fire Department	17
Public Payphones	31	Sierraville Ranger District	28, 38
Quincy Family Medicine.....	13	Sierraville Recreation Association	15
Reid Horse & Cattle Company.....	14	Sierraville Service & Country Store.....	18
Rotary Club of Loyalton	21	Skilled Nursing Facility.....	27
RS Clark Septic/Gold Country Septic.....	38	Smithneck Farms	10, 19
Salvation Army	9	Spiral Internet.....	10
Sanitation	37	Starlink	10
Sani-Hut Company, Inc.....	38	Succeed.Net Internet	10
Sabrina's at the Forks.....	19	Supervisors Districts 1-5	32
Sardine Lake Resort.....	19	Tahoe Daily Tribune	25
Sattley Fire Department	17	Tahoe Forest Hospice.....	27
Senior Thrift Store—Loyalton	9	Tahoe Forest Hospital ER	13
Sheriff.....	32	The Drifter's Table.....	19
Sierra Booster.....	25	The Farmhouse Cafe	19
Sierra Buttes Bodywork.....	15, 21	Timberline Café'	19
Sierra City Community Hall	28	Tin Cup Diggings	30
Sierra City Fire Auxiliary.....	16	Tom's Snowmobile & Service	9, 21
Sierra City Fire Department	17	Tributary Whitewater Tours.....	15
Sierra City Library	10, 14, 33	Tri-County Health Care Coalition	23
Sierra Country Store.....	9, 8, 18, 17	Trout Unlimited.....	15
Sierra County Arts Council.....	21	Underground Gold Miners Museum.....	15
Sierra County Chamber of Commerce.....	21	United Methodist Church	8
Sierra County Child Care Council	6	U.S. Ranger Stations	38
Sierra County Drug and Alcohol Department.....	5	Verdi Fire Department.....	17
Sierra County Environmental Health.....	32	Veterinarians	39
Sierra County Fire Safe & Watershed Council.....	16	Victim Witness Program	22
Sierra County Health Care Coalition.....	23	Walker, Lee DDS	13
Sierra County Health Department.....	6, 7, 12, 24	Sanitation.....	37
Sierra County Historical Society.....	14, 21	Water's Vacuum Truck Services, Inc.....	38
Sierra County Mental Health Department.....	5	Wellness Center.....	35
Sierra County Office of Education.....	34, 7	Western Sierra Dental Clinic.....	13
Sierra County Office of Emergency Services	32	Western Sierra Food Bank.....	18
Sierra County Prospect.....	26	Western Sierra Medical Clinic	12, 26
Sierra County Social Services	11, 24, 31	White's Sierra Station	18, 19
Sierra County Transfer Stations	37	Wi-Fi Hot Spots.....	10
Sierra Energy.....	36	Women, Infants, & Children (WIC).....	6
Sierra Family Medical Clinic	13	Yuba Expeditions.....	9, 15
Sierra Hardware	21	Yuba River Ranger District	38
Sierra Hot Springs and Globe Hotel.....	14	Yuba Theatre	30
Sierra Kids Child Development Center.....	6, 7	Yubadocs Urgent Care	13
Sierra Motor and Transportation Co.	21	4-H Programs	15
Sierra Nevada Children's Services.....	6		
Sierra Nevada Memorial Hospital ER.....	13		
Sierra Nevada Regional Child Support Services.....	32		
Sierra Pass Continuation High School	34		
Sierra-Plumas Joint Unified School District	34		
Sierra SAFE Program.....	22		
Sierra Sun Newspaper.....	24		
Sierra Valley Feed & Ranch Supply	9, 21		
Sierra Valley Home Center	21		
Sierra Valley Little League	14		
Sierra Valley Realty	21		
Sierra Valley Resource Conservation District.....	16		
Sierra Valley Roping Club.....	14		
Sierra Valley Senior Apartments.....	24, 31		
Sierraville Community Center.....	28		
Sierraville Community Church	8		

TOBACCO USE REDUCTION PROGRAM TOBACCO IMPACTS...



Air and water quality



Health



Pollution



Wildfire

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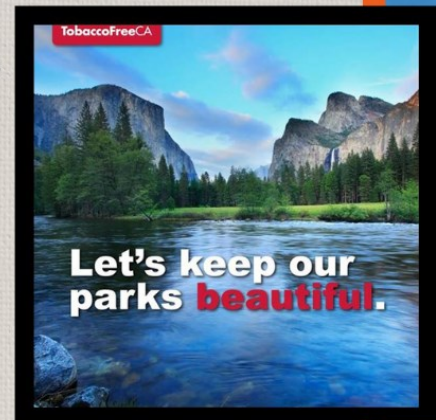
Everyone can play an important role in protecting our environment, community members and youth from the risks of tobacco use.

Call (530) 993-6704 to learn more!

ENJOY SIERRA COUNTY SAFELY

When tobacco waste from e-cigarettes and cigarettes is not disposed of properly, it makes its way into our environment and pollutes the water, air and land.

Tobacco waste can also cause fires. According to the National Fire Protection Agency, smoking materials cause around 90,000 fires every year in the US.



Please extinguish all fires, including cigarettes, and pack out your trash.

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and

Know the STATUS of Your Zone

The Sierra County emergency notification system, powered by Everbridge, will allow Sierra County to send you messages about situations as they happen across multiple devices, including your home phone, mobile device, email, and more.

For this system to be a success, we need your contact information so we can reach you in the event of an emergency. Don't worry, we will never sell or share your personal information with any third-party organizations.

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